



Beyond the Sermon

A Sermon Application Guide

Title: Deep Soul Connection

This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

Message Theme

How To Break Free From A Bad Soul Tie

Prayer Focus

God I thank you for calling me redeemed. No matter what I have done, you still desire a relationship with me. You have created me with the utmost intentionality and with gifts specific to me. You desire for me to live in the fullness of what you have planned for me. Thank you Jesus for being the kind of perfect father to spend time listening to me and getting to know me.

Key Truths

We are 3 part beings made up of our spirit, soul, and body. We are a spirit with a soul and we live in a body. Our soul is our mind, will, and emotions.

Soul Tie: *An emotional bond or connection that unites you to somebody.*

How are soul ties formed? *Through relationships that end up pulling us out of the will of God.*

Knowing that death and life are in the power of our tongue, our words can keep us trapped. The words 'always' and 'never' are promises that we can guarantee.

God will often bring people in our lives to teach us something, but the devil can do the same thing. When there is a bad soul tie it often brings confusion but not all soul ties are bad. For example, we should have a good soul tie to our spouse but could have a bad soul tie to someone from our past. A beautiful example of a healthy soul tie is found between David and Jonathan in 1 Samuel 18:1. An example of the wrong soul tie can be found in Judges with the story of Samson and Delilah when she tries over and over to pinpoint his weakness until he wears down and tells her.

Everyone wants love, affection, approval, and closeness but we can search for it in the wrong ways. Some indicators of the wrong soul tie can be confusion, misery, torment, disobedience to God, and being unable to make wise decisions. It may even feel like there is an invisible but very real draw or pull back to the same person even though we know we shouldn't return to them.

Satan's plan is that we stay in one place forever because he knows how important it is for us to grow.

Practical Application

No matter what type of soul tie we have, God can restore our soul. We can't fix what we don't confront. Even though my story contains _____, God tells me, *"You are my servant, I have chosen you and have not cast you away."*

No matter what I have done, God tells me, *"You are my servant, I have chosen you and have not cast you away."*

1. **Decide to Please God:** Make a conscious decision to prioritize God over anything and anyone else. Seek first the kingdom of God and His righteousness. (Matt 6:33)
2. **Declare the Power of Jesus' Blood:** Understand that you are redeemed by the precious blood of Jesus. You overcome by the blood of the Lamb and the word of your testimony. Declare your freedom in Christ. (2 Corinthians 10:5)
3. **Build Yourself Up in the Word:** Immerse yourself in the Scriptures. As a newborn babe desires milk, let the Word of God be the source of your growth and strength. (1 Peter 2:2)
4. **Don't Look Back:** Resist the urge to revisit past relationships or situations that contributed to unhealthy soul ties. Remove triggers, be it memorabilia, songs, or connections on social media. (Romans 13:14)

Remember, the devil may try to bring these ties back into your life, but stand firm against it. The journey might involve wrestling with your thoughts and emotions, but through prayer, declaration, and immersion in God's Word, you can experience the calm and peace described in Psalms 131.

As you take these steps, know that your future is not bound by your past. God's desire is for your soul to be whole and healthy, enabling you to pursue the destiny and purpose He has for your life. Break free, stand strong, and embrace the transformative power of God's love.

Reference Verses

- 1 Thessalonians 5:23
- 3 John 1:2
- Mark 10:8
- 1 Samuel 18:1
- Judges 16:4-20
- 1 Corinthians 6:16, 14:33
- Joshua 1:8
- Psalms 38:8, 23:3, 45:1, 131:2
- Isaiah 41:9
- Proverbs 6:23-24, 18:21, 6:2, 4:18
- Matthew 6:33, 4:4
- Ephesians 5:8
- 2 Corinthians 10:5
- 1 Peter 1:17-19
- Romans 13:14

Declarations

'I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.' Eph 1:17

'The Lord preserves the faithful' Psalm 31:23

I want to know God deeper so I will continue to spend time with him and ask for wisdom and revelation. I know that when I am faithful, the Lord can protect me.

What's Next?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.

Scripture References

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3 John 1:2 NKJV Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

Mark 10:8 NKJV ...and the two shall become one...

1 Samuel 18:1 AMPC When David had finished speaking to Saul, the soul of Jonathan was knit with the soul of David, and Jonathan loved him as his own life.

Judges 16:4-5 NKJV Afterward it happened that he loved a woman in the Valley of Sorek, whose name was Delilah. And the lords of the Philistines came up to her and said to her, "Entice him, and find out where his great strength lies...and every one of us will give you eleven hundred pieces of silver."

Judges 16:4-20 NKJV REF

1 Corinthians 6:16 NKJV Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh."

2 Corinthians 6:14 NKJV Do not be unequally yoked together with unbelievers.

Joshua 1:8 NKJV This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Psalms 38:8 NLT I am exhausted and completely crushed. My groans come from an anguished heart.

Psalms 142:4 NKJV No one cares for my soul.

Psalms 23:3 NKJV He restores my soul...

Isaiah 41:9 NKJV ...'You are My servant, I have chosen you and have not cast you away...

Proverbs 6:23-24 NKJV For the commandment is a lamp, And the law a light; Reproofs of instruction are the way of life, To keep you from the evil woman...

Proverbs 18:21 NKJV Death and life are in the power of the tongue, And those who love it will eat its fruit.

Proverbs 6:2 NKJV You are snared by the words of your mouth...

Psalms 45:1 NKJV My tongue is the pen of a ready writer.

Matthew 6:33 NKJV But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Ephesians 5:10 MSG You groped your way through that murk once, but no longer. You're out in the open now. The bright light of Christ makes your way plain. So no more stumbling around. Get on with it! The good, the right, the true—these are the actions appropriate for daylight hours. Figure out what will please Christ, and then do it.

2 Corinthians 10:4-5 NKJV For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ...

Mark 12:30 NKJV And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

Proverbs 4:18 NKJV But the path of the just is like the shining sun, That shines ever brighter unto the perfect day.

1 Peter 2:2 NKJV ...as newborn babes, desire the pure milk of the word, that you may grow thereby...

Matthew 4:4 NKJV 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.' ”

Jude 20 KJV ...building up yourselves on your most holy faith, praying in the Holy Ghost...

Romans 13:14 NKJV ...make no provision for the flesh...

Psalms 131:2 NKJV Surely I have calmed and quieted my soul, Like a weaned child with his mother; Like a weaned child is my soul within me.