



Beyond the Sermon

A Sermon Application Guide

Title: Speak Life (From Stressed to Blessed pt 7)

This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

Message Theme

You Are What You Say

Prayer Focus

"Thank you Jesus for the promises you made. Thank you God for strengthening me, giving me rest, for trusting me, and protecting me. You are so good to me. The more time that passes, the more I see your majesty. "

Key Truths

In the garden of Eden, when Adam ate the fruit from the tree of knowledge of good and evil, the enemy began to rule and reign. The first Adam was the first representative man, he represented us and took us down the road of destruction. The last Adam, Jesus, represented us during his death, burial, and resurrection.

Jesus tells us that once we get right with God, there is a struggle with suffering. As believers, we are fighting the good fight and part of that is confession. By looking at Jesus we see him speaking out healing, casting out demons. Since Jesus made us to be kings and priests, we have the authority to do those things and greater. We have to stand against the enemy, and we have to be fierce and bold.

Jesus cursed the fig tree and when the disciples passed the next day, the tree was dried up from the roots. HE spoke negatively to the tree and it responded. We can curse our own lives when we speak negatively. The power of death and life are in the power of the tongue. We are to rise up against the tongues that speak against us. When someone says "You're going to get sick" we respond with "No I'm not in Jesus' name".

The first thing our faith will move is our mouth, and if it doesn't move our mouth, it will never move a mountain. Most of us talk to God about the mountain but we have to talk TO the mountain. God has given us authority to make it move.

Practical Application

Here are a couple of things to consider this week:

- Most of us look at our condition and say what we have. When God created the earth he didn't talk about the dark, he commanded the light. Us, as believers, have the authority and permission to talk to the mountain and make it move.
- Speak clearly to the issue and tell the enemy that he has no place in your family, life, body, work, or finances. Instead of speaking what we see, let's say what God promised us.
- Whatever we sow in our heart will be produced. What are we sowing? What do we want to see produced? What should we do differently to plant what we want to see?

Verses

- Psalms 84:4-7
- Romans 5:17, 10:8
- 1 Corinthians 14:15
- 1 Timothy 6:12
- Hebrews 10:32
- Proverbs 18:21
- Ecclesiastes 8:4
- Revelations 1:6
- Mark 1:34, 11:12-25, 11:22-23, 9:17-29, 4:16, 6:5
- Ezekiel 44:2
- Proverbs 18:21
- Isaiah 54:16
- 2 Corinthians 4:13
- Luke 10:19
- Genesis 1:1-3
- Numbers 13

Declarations

“God has given me healing, provision, safety, and abundance. I will confess what God has given me. I will see all these things. There is power in my words and I will speak what God says about me. ”

What's Next?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.

Scripture References

Speak Life

Psalms 84:4-7 NKJV Blessed are those who dwell in Your house; They will still be praising You. Selah Blessed is the man whose strength is in You, Whose heart is set on pilgrimage. As they pass through the Valley of Baca, They make it a spring; The rain also covers it with pools. They go from strength to strength; Each one appears before God in Zion.

Romans 5:17 AMPC For if because of one man's trespass (lapse, offense) death reigned through that one...

2 Corinthians 4:4 KJV ...the god of this world...

Romans 5:17 AMPC...much more surely will those who receive [God's] overflowing grace (unmerited favor) and the free gift of righteousness [putting them into right standing with Himself] reign as kings in life through the one Man Jesus Christ (the Messiah, the Anointed One).

1 Timothy 6:12 NKJV Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

Hebrews 10:32 NKJV But recall the former days in which, after you were illuminated, you endured a great struggle with sufferings...

Proverbs 18:21 KJV Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

Ecclesiastes 8:4 NKJV Where the word of a king is, there is power;

Revelation 1:6 NKJV ...and has made us kings and priests to His God and Father...

Mark 1:34 AMP And Jesus healed many who were suffering with various diseases; and He drove out many demons...

Ezekiel 44:2 NKJV And the Lord said to me, "This gate shall be shut; it shall not be opened, and no man shall enter by it, because the Lord God of Israel has entered by it; therefore it shall be shut.

Mark 11:20-21 NKJV Now in the morning, as they passed by, they saw the fig tree dried up from the roots. And Peter, remembering, said to Him, "Rabbi, look! The fig tree which You cursed has withered away."

Mark 11:22-23 KJV And Jesus answering saith unto them, Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into

the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

Mark 11:23 KJV For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

2 Corinthians 4:13 NKJV And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak,

Mark 4 NKJV

Mark 11:23 KJV For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

Mark 9:14-29 NKJV And when He came to the disciples, He saw a great multitude around them, and scribes disputing with them. Immediately, when they saw Him, all the people were greatly amazed, and running to *Him*, greeted Him. And He asked the scribes, "What are you discussing with them?" Then one of the crowd answered and said, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not." He answered him and said, "O faithless^[a] generation, how long shall I be with you? How long shall I ^[b]bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." Jesus said to him, "If^[c] you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then *the spirit* cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting."

Mark 11:23 KJV...and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass;

Mark 11:23 KJV ...Be thou removed, and be thou cast into the sea;

Acts 10:38 NKJV how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.

Mark 6:5 NKJV Now He could do no mighty work there...

Genesis 1:1-4 NKJV In the beginning God created the heavens and the earth. The earth was without form, and void; and darkness [a]was on the face of the deep. And the Spirit of God was hovering over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw the light, that *it was* good; and God divided the light from the darkness.

1 Peter 5:8-9 NKJV Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith...