

# Beyond Sunday with Scripture References

## Entrapment (Valleys & Peaks pt 3)

### A Sermon Application Guide

This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

#### **Message Theme & Prayer Focus**

Facing Storms Pt 3: Renewing Your Mind

*"Father, I thank you for your word that teaches your way of thinking and helps me think the thoughts that you think. I pray that you would develop in me a healthy reverence for you, and your grace would continue to teach me to say no to the things of the world. Empower me to live a righteous Spirit-led life before you in Jesus' name. Amen."*

#### **Key Concepts/Truths**

We tend to think we are the only ones being tempted in certain ways, but the truth is we're all tempted in the same ways. The trials we face today are the same ones that have been around since the beginning. In those times, it is helpful to remember that God will not let us be tempted in a way we cannot overcome through His grace and power in us.

One of the missing ingredients in many people's lives is the fear of the Lord. The fear of the Lord is to hate evil. By having a healthy fear of the Lord, we end up turning away from evil. Thankfully, we have the grace of God which teaches us how to say no to worldly things and empowers us to live righteous lives before the Lord.

When we become a Christian, God saves our souls, but we still need to be diligent not to let our bodies fall into temptation. Sin is dangerous because, when we try it, our bodies like it. Our minds are drawn to worldly things and we cling to what is seen. It is so important to protect our minds from seeing things that could stick with us and create sinful desires, or our lives end up going in the poor direction we are looking.

Romans 12 teaches us, we are to offer our bodies as a living sacrifice to God. Spiritually, this means that we kill our own desires and sacrificially give ourselves to the Lord as an act of worship daily. We are to turn down the things of the world that our bodies want. This is not a one time decision, but is repeated daily, reminding us to rededicate ourselves to the Lord.

Romans also teaches us to let God change the way we think. Our mind needs to go through a renewal process, which starts by letting scripture and the things that God speaks to us change how we think about things. We need to see God's word, repeat it, and believe it.

If we let the Bible change the way we think, it will change the way we live. God puts His Spirit inside of us, we renew our mind by His word, and we present our bodies as a living sacrifice. This is our daily act of worship.

### **Key Verses:**

1 Corinthians 10:13 • Psalms 101:1-4 • Romans 12:1-2 • John 3:3

### **Daily Applications**

Going to church, reading the Bible, and having Christian friends are all great things, but it is up to us to switch over from the world's way of thinking to a heavenly minded and God-focused way of thinking. So how do we actually do that?

1. We offer our bodies as a living sacrifice to God.
  - This simply means saying no to the things of the world and saying yes to the things of God instead. The more we do this, the more natural it becomes for us.
  
2. We let God change the way we think.
  - Get into the word and listen to what He speaks to your spirit. Read it, repeat it, and believe it daily. When we do, we train our brains to follow God's thoughts and align our minds with God's mind.
  
3. We let our changed thought patterns naturally change our behavior.
  - We go the way we are looking. When our minds are aligned with God's mind, we will naturally think the way and do the things that God has for us.

Daily right thinking results in daily right doing. Take some time every day for the next week to spend time with the Lord and establish a pattern of sacrificial worship to Him, allowing your mind to be renewed to the way He thinks. When we do, we'll see our minds renewed and our whole selves walking in the plans He has for our lives.

### **This Week's Declarations**

*"I offer myself as a living sacrifice to God daily. I say no to the things of the flesh, and yes to the thoughts and ways of God. I know as I learn to think the way that God thinks about me, I will learn to live more like He has called me to. I will continue to seek His guidance, learning how to say no to the world, and looking to Him when I fall. I actively renew my mind daily to change the way I think, adopting the mind of Christ, and allowing Him to lead me in the way I should go."*

### **What's Next?**

Now it's time to write down anything that the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.

## Scripture References

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### **1 Corinthians 10:13 NKJV**

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

### **Nehemiah 7:2 TLB**

I gave the responsibility of governing Jerusalem to my brother...a very faithful man who revered God more than most...

### **Titus 2:11-12 NKJV**

For the grace of God that brings salvation has appeared to all men, teaching us...

### **2 Corinthians 1:2 NKJV**

Grace to you and peace...

### **Psalms 101:2-4 ESV**

I will ponder the way that is blameless. Oh when will you come to me? I will walk with integrity of heart within my house; I will not set before my eyes anything that is worthless. I hate the work of those who fall away; it shall not cling to me. A perverse heart shall be far from me; I will know nothing of evil.

### **Romans 7:23 NKJV**

But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

### **Ezekiel 23:14 NKJV**

But she increased her harlotry; She looked at men portrayed on the wall, Images of Chaldeans...

### **Psalms 101:3-4 ESV**

I will know nothing of evil...I will not set before my eyes anything that is worthless.

### **Romans 12:1 AMPC**

I appeal to you therefore, brethren, and beg of you in view of [all] the mercies of God, to make a decisive dedication of your bodies [presenting all your members and faculties] as a living sacrifice, holy (devoted, consecrated) and well pleasing to God, which is your reasonable (rational, intelligent) service and spiritual worship.

### **Romans 12:2 CEV**

Don't be like the people of this world, but let God change the way you think.

**Psalms 119:128 NKJV**

Therefore all Your precepts concerning all things I consider to be right...

**2 Corinthians 5:17 NKJV**

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

**1 Thessalonians 5:23 NKJV**

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

**James 1:21 KJV**

...and receive with meekness the engrafted word, which is able to save your souls.

**1 Corinthians 9:27 Mounce**

I discipline my body and bring it into subjection, so that having preached to others I myself should not be disqualified.