

## **Beyond Sunday with Scripture References**

### **Just Say No to Bad Attitudes**

#### **A Sermon Application Guide**

This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

### **Message Theme & Prayer Focus**

Bad Life Attitude

*"Father, thank you for the truth in your Word. Soften my heart to receive everything that you have for me. I say no to everything that does not come from you, and I commit myself to trust, listen to, and obey you. I adopt your perspective and walk in your truth in Jesus' name. Amen!"*

### **Key Concepts / Truths**

When it comes to grace, it does not exist to allow us to keep sinning. It teaches us to say "No!" to the world, our flesh, and the devil, and to live self-controlled, upright, and Godly lives where we are.

The daily attitudes we have are a product of our overall life attitude, which is made up of how we think about life, see life, and how we project those views. Our circumstances may never change, but our attitude can.

It's so important to see life from the right perspective, because everything else aligns with that view as a result, for good or bad. To have that right perspective, the first move or action step is on us.

The attitude we have today is the attitude that we decided to have. We tend to overcomplicate things and think that there's a 12 step counselling program that will fix everything in our lives. But actually, it's an internal, intentional decision to allow God to change the way we think which changes our attitude.

Four "Life Attitudes" for us to adopt:

1. This life is temporal compared to eternity.
2. Life is not about us. Living for others is the way to go.
3. Life may not be what we dreamed it would be, but it can be awesome.  
Be willing to submit what we have to the Father and see from His perspective.
4. Our attitude is contagious, so let's spread it.  
Be intentional about getting into community and spreading the positive.

You can say no to a bad attitude daily by beginning to embrace a positive big life attitude that is submitted to the eternal perspective of God and what He is doing in the everyday. If we change our perspective, our attitude will change, and our life will follow.

Key Verses:

Titus 2:12 • Ephesians 4:23-24 • 2 Corinthians 4:17-18 • Philippians 2:3-4 • Matthew 5:15-16

### **Daily Application**

It really is possible for us to have the most victorious and happy life if we allow God to open our eyes and change the way we think. We'll walk in freedom, love, confidence, and joy despite our external circumstances. What God is doing in you is far greater than the things that are happening to you. Oftentimes, though, as we resolve to embark on something new we are met with resistance or opportunity to revert to the way things were. Sometimes reversal can be so subtle that we hardly notice it's happening. Are we paying attention? Are we reminding ourselves to check our attitudes, or evaluating where we are at? Just as it takes a decision to start a journey, to continue that journey takes a constant decision also.

After crossing the Jordan river, the Israelites were instructed by God to set up a monument of remembrance in order to not forget all of the things that the Lord had done. In Sunday's message, Johnny spoke about texting his wife when it was time to come home after travelling as his reminder to check his attitude. After adopting this reminding process, he soon saw radical transformation in his attitude toward coming home. The text became a check and evaluation for him everytime he would be on his way home after travel, and reminded Him to stay the course of joy.

Remembrance is a powerful tool that the Lord uses to encourage our hearts and speak to us when we need it the most. So, what's your reminder? What thing do you have set up to remember what God has done, to choose joy, and continue to stay the course? If you'll recall the things of God, continuing your journey will be full of joy, contentment, and a great life attitude.

### **This Week's Declaration**

"I choose God's perspective of this life. My days on this earth are temporary, but God's Kingdom is eternal, and I commit myself to the work of that Kingdom. This life is not about me, and I choose to live it in service and in love to others. The circumstances happening to me are not greater than what God is doing in me. I submit my perspective to God and allow Him to shape it to match His own so that I can see what He sees. I let that perspective be the driving force of my life, so that others will see it, adopt it, and give all the glory to God, in Jesus' name!"

### **What's Next?**

Now it's time to write down anything that the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.

## **Scripture References**

### **Just Say No to Bad Attitudes**

#### **Titus 2:12 NIV**

It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age,

#### **Ephesians 4: 23 - 24**

...to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

#### **Romans 12: 2 TLB**

Don't copy the behavior and customs of this world, but be a new and different person with a fresh newness in all you do and think.

#### **2 Corinthians 4: 17-18 NKJV**

For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen.

#### **Philippians 2: 3-4 NKJV**

Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others.