

Beyond Sunday

A Sermon Application Guide

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

Our hope is that the living, breathing words of truth that are revealed to you become a part of your everyday life. In the book of James, we read about a key to living life with God. We are told that if we ask for wisdom by faith then we shall receive it generously from our Father in Heaven. One of the best ways to receive this wisdom is by preparing to receive it. We invite you to pray this prayer prior to the message and starting the study guide:

“God, thank You for Your truth and wisdom. Help me to see what I need to see, hear what I need to hear, and know what I need to know. Holy Spirit, help me to understand in a way that shows me the Father's true nature and heart. May this time help me to know You more and become more like Jesus. Amen.”

MESSAGE THEME

Focusing on God keeps fear in proper perspective.

KEY CONCEPTS/TRUTHS

What we focus on the most will organize our life.

Unhealthy fear is an open door for the enemy.

No word from God is without power.

When God gives us a word, the power to bring it to pass is available with it.

Wise counsel is not found in our fear.

TO CONQUER FEAR, YOU HAVE TO FEEL FEAR AND TAKE ACTION ANYWAY.

Key Verses: 2 Timothy 1:7 • Isaiah 26:3 • Romans 1:21 • Joshua 1:6-8 • Psalm 103:2-3

Which one truth do you already have evidence of in your life today? Ask the Lord for new ways to see even

more of it for you and others around you. Write your answers out.

Which one truth is the most challenging or least existing in your life today? Why do you think this is? Ask the Lord if there are any beliefs or barriers that are keeping you from believing that particular truth. Write it out.

REAL-LIFE APPLICATION

One of the easiest ways to see fear leave us today is by focusing on God's perfect love. God's word says that his perfect love casts out fear. You may be thinking right now, "This is great...but how do I do this?" What is your testimony? What are the things that God has already done in your life and through your life? Make a list of everything that comes to mind. Really! Grab a pen and start writing. Now, as you start to dwell on these things, recognize that all of these things are because of His perfect love. Not only that, but you can also recognize that if He did everything before then He can definitely move in power and love now and forever. Can you feel the joy and excitement start to rise up within you? Keep going now, praise Him...thank Him...bless Him. Where is there any room for fear now? This week, as you focus on His love and the powerful testimony list that you just created, you will eliminate the opportunities for the spirit of fear to influence you.

THIS WEEK'S DECLARATIONS

Life is released when your words are in agreement with God. Intentionally speaking life and biblical truth out loud is extremely powerful. In fact, you have that very life in the power of your tongue. These words below, when spoken out loud, will cause an acceleration of the reality of God's words in your life. We encourage you to speak the following with an expectancy to renew your mind and see God's fullness.

Pastor's declaration from the message taken from Psalm 103:

Lord, I thank You. You forgive all my iniquities and You heal all my diseases. Jesus bore my sicknesses and carried my pains, therefore I give no place to sickness. God sent His word and healed me. No evil will befall me nor shall any plague come to my dwelling. Jesus took my infirmities and bore my sicknesses. I refuse to allow sickness to dominate my body. The life of God flows in me. It brings healing to every fiber of my being. I am redeemed from the curse of the law because Jesus redeemed me. That curse includes every sickness and every disease. I thank You, Lord, I am redeemed from every sickness and every disease, in Jesus' name.

GREATER THINGS

Fear likes to speak the loudest during dark times, seasons, and moments. However, Jesus who was a light

that was sent to shine in the darkness lives in you. As you focus on the truth that's in you and that the light always shines brightest in the dark, you will see greater things.

WHAT'S NEXT?

Now it's time to write down anything that the Lord has spoken to you. Praise Him, thank Him, and ask the Holy Spirit to help you walk this out.

Scriptures from the message

Fear Not

Psalm 37:25 KJV

I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread

2 Timothy 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Isaiah 26:3 NKJV

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You

Romans 1:21 NKJV

because, although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened.

Job 3:25 NKJV

For the thing I greatly feared has come upon me, And what I dreaded has happened to me.

Matthew 9:29 NKJV

...“According to your faith let it be to you.”

Mark 11:23 ESV

...does not doubt in his heart, but believes that what he says will come to pass, it will be done for him.

John 14:1 NASB

Do not let your heart be troubled...

John 41:1 NASB

Do not let your heart be troubled; believe in God, believe also in Me.

Joshua 1:6 NKJV

Be strong and of good courage...

Joshua 1:7 NKJV

Only be strong and very courageous...

Joshua 1:9 NKJV

Have I not commanded you? Be strong and of good courage do not be afraid, nor be dismayed...

Joshua 1:18 NKJV

...Only be strong and of good courage."

Joshua 1:3 & 5 NKJV

Every place that the sole of your foot will tread upon I have given you... No man shall be able to stand before you all the days of your life...

Joshua 1:8 NKJV

This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night...

Luke 1:37 AMPC

For with God nothing is ever impossible and no word from God shall be without power or impossible of fulfillment.

Psalms 103:2-3 NKJV

Bless the Lord, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases,

Luke 4:13 TPT

That finished the devil's harassment for the time being. So he stood off at a distance, retreating until the time came to return and tempt Jesus again.

Mark 4:15 CEB

...right away Satan comes and steals the word that was planted in them.

James 4:7 NKJV

Therefore submit to God. Resist the devil and he will flee from you.

1 Peter 5:8 NKJV

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith...

Numbers 13:27-33 NKJV

Then they told him, and said: "We went to the land where you sent us. It truly flows with milk and honey, and this is its fruit. 28 Nevertheless the people who dwell in the land are strong; the cities are fortified and very large; moreover we saw the descendants of Anak there. 29 The Amalekites dwell in the land of the South; the Hittites, the Jebusites, and the Amorites dwell in the mountains; and the Canaanites dwell by the sea and along the banks of the Jordan." 30 Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession, for we are well able to overcome it." 31 But the men who had gone up with him said, "We are not able to go up against the people, for they are stronger than we." 32 And they gave the children of Israel a bad report of the land which they had spied out, saying, "The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature. 33 There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight."

Numbers 14:1-3 NKJV

So all the congregation lifted up their voices and cried, and the people wept that night. 2 And all the children of Israel complained against Moses and Aaron, and the whole congregation said to them, "If only we had died in the land of Egypt! Or if only we had died in this wilderness! 3 Why has the Lord brought us to this land to fall by the sword, that our wives and children should become victims? Would it not be better for us to return to Egypt?"

Numbers 14:11 NKJV

Then the Lord said to Moses: "How long will these people reject Me? And how long will they not believe Me, with all the signs which I have performed among them?"

Numbers 14:28-31 NKJV

28 Say to them, 'As I live,' says the Lord, 'just as you have spoken in My hearing, so I will do to you: 29 The carcasses of you who have complained against Me shall fall in this wilderness, all of you who were numbered, according to your entire number, from twenty years old and above. 30 Except for Caleb the son of Jephunneh and Joshua the son of Nun, you shall by no means enter the land which I swore I would make you dwell in. 31 But your little ones, whom you said would be victims, I will bring in, and they shall know the land which you have despised.'

Isaiah 35:3-4 KJ21

Strengthen ye the weak hands, and confirm the feeble knees. Say to them that are of a fearful heart, "Be strong, fear not..."

Isaiah 41:13 NKJV

For I, the Lord your God, will hold your right hand, Saying to you, 'Fear not, I will help you.'

2 Timothy 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

2 Timothy 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Matthew 28:20 NKJV

...lo, I am with you always...

Matthew 10:1 NKJV

And when He had called His twelve disciples to Him, He gave them power over unclean spirits, to cast them out, and to heal all kinds of sickness and all kinds of disease.